

AM

MSHSL Section 8AAA Championships  
 Sartell HS & St. Michael-Albertville HS - 6/1/2022 to 6/4/2022  
 Results

Girls 100 Meter Dash Class AAA

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Gabby Keefer	9	St. Michael-	12.32Q	NWI	2
2 Brenna Deason	11	Brainerd	12.49Q	NWI	3
3 Halle Gregoire	11	Moorhead	12.88Q	NWI	1
4 Brenna Virnig	12	Sartell	12.78q	NWI	2
5 Jennifer Heilman	10	Rogers	12.92q	NWI	3
6 Joy Olowo	11	Rogers	13.02q	NWI	3
7 Jacqueline Bergeron	10	St. Michael-	13.03q	NWI	1
8 Reese Goede	9	St. Michael-	13.08q	NWI	1
9 Alexis Olderbak	11	Moorhead	13.18q	NWI	2
10 Brianna Bluiett	12	Buffalo	13.19	NWI	2
13.182					
11 Lainey Stavish	9	Sartell	13.19	NWI	3
13.186					
12 Norah Mentzer	10	Sartell	13.27	NWI	2
13 Audrey Janich	9	Moorhead	13.29	NWI	1
14 Arianna Toney	10	Buffalo	13.35	NWI	2
15 Ava Loney	9	Brainerd	13.44	NWI	1
16 Natalie Flynn	9	Buffalo	13.59	NWI	1
17 Maddie Williams	11	Elk River	13.75	NWI	3
18 Nevaeh Kirk	12	Elk River	13.77	NWI	3
19 Marima Seely	11	Bemidji	13.82	NWI	2
20 Alison Bachman	11	Brainerd	13.95	NWI	1
21 Zoe Fayette	10	Bemidji	14.01	NWI	2
22 Leila Bakri	10	Elk River	14.05	NWI	1
23 Esinam Lotsu	12	Bemidji	14.31	NWI	3
24 Keyanna Graves	8	Rogers	14.53	NWI	3

Girls 100 Meter Dash Class AAA

Name	Year	School	Finals	Wind
Finals				
1 Gabby Keefer	9	St. Michael-	12.21	-1.3
2 Brenna Deason	11	Brainerd	12.41	-1.3
3 Halle Gregoire	11	Moorhead	12.81	-1.3
4 Brenna Virnig	12	Sartell	12.95	-1.3
5 Reese Goede	9	St. Michael-	12.98	-1.3
6 Jennifer Heilman	10	Rogers	13.04	-1.3
7 Jacqueline Bergeron	10	St. Michael-	13.08	-1.3
8 Joy Olowo	11	Rogers	13.13	-1.3
9 Alexis Olderbak	11	Moorhead	13.44	-1.3

Girls 200 Meter Dash Class AAA

Name	Year	School	Prelims	Wind	H#
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Preliminaries

1	Gabby Keefer	9	St. Michael-	25.48Q	NWI	3
2	Ella Kirchner	9	Sartell	26.83Q	NWI	2
3	Macie Guida	12	Buffalo	26.85Q	NWI	1
4	Summer Lindquist	12	Moorhead	26.88q	NWI	1
5	Kaityn Walthers	8	Moorhead	27.26q	NWI	2
6	Katherine Stadum	11	Brainerd	27.40q	NWI	2
7	Chloe Eibensteiner	9	Sartell	27.49q	NWI	3
8	Sophia Laube	12	Brainerd	27.56q	NWI	1
9	McKenna Hauck	11	Sartell	27.58q	NWI	2
10	Aleeyah Graves	8	Rogers	27.64	NWI	1
11	Claire Kvant	9	St. Michael-	27.73	NWI	3
12	Myah Nelson	12	Brainerd	27.78	NWI	1
13	Sanae Radloff	8	St. Michael-	27.81	NWI	2
14	Esme Irel	11	Elk River	27.88	NWI	3
15	Cipriana Jones	9	Moorhead	27.95	NWI	3
16	Sydney Keckeisen	8	Elk River	28.13	NWI	2
17	Brooke Shaw	8	Rogers	28.31	NWI	3
18	Elizabeth Ikubese	9	Rogers	28.62	NWI	1
19	Eden Johnson	9	Buffalo	28.69	NWI	3
20	Kylie Donat	10	Bemidji	28.95	NWI	3
21	Addison Maish	9	Bemidji	29.30	NWI	2
22	Ashlynn Erickson	11	Elk River	29.43	NWI	2
23	Danielle Rodenwald	11	Buffalo	30.05	NWI	1

Girls 200 Meter Dash Class AAA

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Name	Year	School	Finals	Wind
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Finals

1	Gabby Keefer	9	St. Michael-	25.54	-2.7
2	Macie Guida	12	Buffalo	26.83	-2.7
3	Ella Kirchner	9	Sartell	26.90	-2.7
4	Summer Lindquist	12	Moorhead	27.09	-2.7
5	Chloe Eibensteiner	9	Sartell	27.69	-2.7
6	Sophia Laube	12	Brainerd	27.73	-2.7
7	Katherine Stadum	11	Brainerd	28.03	-2.7
8	Kaityn Walthers	8	Moorhead	28.09	-2.7
9	McKenna Hauck	11	Sartell	28.15	-2.7

Girls 400 Meter Dash Class AAA

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Name	Year	School	Prelims	H#
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Preliminaries

1	Brianna Shroyer	11	Buffalo	58.42Q	3
2	Emma Kvant	8	St. Michael-	59.25Q	2
3	Ara Warren	9	Moorhead	59.86Q	1
4	Emily Bastian	11	Brainerd	1:01.48q	1
5	Emma Windingland	11	St. Michael-	1:02.21q	2
6	Mary Beth Mathews	12	Bemidji	1:02.32q	3
7	Adelyn Kennedy	10	St. Michael-	1:04.12q	3
8	Danielle Malone	11	Moorhead	1:04.34q	2
9	Aleeyah Graves	8	Rogers	1:04.81q	1
10	Claire Steiner	11	Moorhead	1:04.82	1
11	Ellie Rengel	11	Sartell	1:05.06	3

12	Ava Lust	9	Brainerd	1:05.07	3
13	Madalyn Fimrite	11	Sartell	1:05.94	2
14	Cally Robertson	11	Brainerd	1:06.06	1
15	Hailey Posch	10	Buffalo	1:06.55	1
16	Ava Warner	10	Bemidji	1:06.69	3
17	Hannah Hartlage	12	Rogers	1:06.80	2
18	Brianna Villanti	11	Rogers	1:08.27	2
19	Addison Brandt	10	Elk River	1:08.87	1
20	Kailey Ruby	8	Elk River	1:09.16	3
21	Zoe Hoard	11	Elk River	1:09.26	1
22	Matjea Malterud	9	Bemidji	1:10.32	2
23	Arianna Toney	10	Buffalo	1:10.47	3
24	Kaitlyn Lysen	11	Sartell	1:10.52	2

Girls 400 Meter Dash Class AAA

Name	Year	School	Finals	
Finals				
1	Brianna Shroyer	11	Buffalo	57.18 57.174
2	Emma Kvant	8	St. Michael-	57.18 57.175
3	Ara Warren	9	Moorhead	1:00.26
4	Emma Windingland	11	St. Michael-	1:01.22
5	Adelyn Kennedy	10	St. Michael-	1:02.45
6	Emily Bastian	11	Brainerd	1:02.51
7	Mary Beth Mathews	12	Bemidji	1:03.26
8	Aleeyah Graves	8	Rogers	1:03.92
9	Danielle Malone	11	Moorhead	1:04.09

Girls 800 Meter Run Class AAA

Name	Year	School	Prelims	H#
Preliminaries				
1	Carlie Sheldon	12	Moorhead	2:21.88Q 1
2	Hannah Braun	9	Buffalo	2:22.02Q 3
3	Regan DeWitt	11	Bemidji	2:22.21Q 2
4	Rebecca Immer	11	St. Michael-	2:22.48Q 1
5	Greta Chmura	7	Rogers	2:23.25Q 3
6	Hannah Spoden	12	Sartell	2:23.79Q 2
7	Anna Cargill	12	Rogers	2:23.65q 1
8	Anna Nelson	11	Moorhead	2:26.71q 2
9	Ella Grafstrom	12	Moorhead	2:27.05q 3
10	Annelise Baird	8	Brainerd	2:27.97 1
11	Katelyn Kennedy	11	Brainerd	2:29.79 3
12	Genet Nies	10	Sartell	2:29.96 3
13	Courtney Zuidema	7	St. Michael-	2:30.81 2
14	Avery O'Rourke	11	St. Michael-	2:31.67 3
15	Ava Nelson	9	Elk River	2:33.09 1
16	Liliana Schaeffer	12	Brainerd	2:33.30 2
17	Emily Hoyt	7	Rogers	2:33.67 2
18	Lily Hoard	9	Elk River	2:33.73 1
19	Averi Schirmers	11	Elk River	2:43.13 3
20	Sophia Woehl	10	Sartell	2:44.72 1
21	Lily Vandersluis	9	Buffalo	2:51.08 2
22	Elena Harmsen	10	Bemidji	2:57.22 1

## Girls 800 Meter Run Class AAA

Name	Year	School	Finals
Finals			
1 Hannah Braun	9	Buffalo	2:19.22
2 Regan DeWitt	11	Bemidji	2:20.38
3 Hannah Spoden	12	Sartell	2:21.90
4 Rebecca Immer	11	St. Michael-	2:22.73
5 Carlie Sheldon	12	Moorhead	2:23.05
6 Anna Cargill	12	Rogers	2:23.77
7 Ella Grafstrom	12	Moorhead	2:23.84
8 Greta Chmura	7	Rogers	2:25.91
9 Anna Nelson	11	Moorhead	2:27.66

## Girls 1600 Meter Run Class AAA

Name	Year	School	Finals	H#	
1 Alexandra Weimer	12	St. Michael-	5:00.23	2	
2 Madelyn Miller	9	Brainerd	5:17.28	2	
3 Madalyn Dockendorf	10	Sartell	5:19.60	2	
4 Natalie Cocking	11	St. Michael-	5:19.84	2	
5 Mia Hoffman	10	Bemidji	5:21.86	2	
6 Mya Nelson	8	Elk River	5:21.93	2	
7 Rebecca Immer	11	St. Michael-	5:23.26	2	
8 Avery Larson	9	Buffalo	5:31.11	2	
9 Alivia Thompson	8	Bemidji	5:31.80	1	
10 Ella Cole	11	Moorhead	5:33.13	2	
11 Hannah Drietz	11	Brainerd	5:33.64	2	
12 Hannah King	7	Elk River	5:40.25	1	
13 Katelyn Kennedy	11	Brainerd	5:41.18	2	
14 Selah Binsfeld	8	Elk River	5:41.33	1	
15 Kieran Pederson	8	Rogers	5:48.85	1	
16 Ashley Nelson	10	Sartell	5:50.14	1	5:50.132
17 Brooklyn Hart	10	Buffalo	5:50.14	1	5:50.136
18 Taylor Bailey	7	Rogers	5:53.69	1	
19 Kaela Traugott	11	Rogers	5:55.72	1	
20 McKenzie Broers	12	Moorhead	6:21.14	1	
21 Elle Fahrendorf	11	Moorhead	6:23.09	1	
22 Miley Farniok	9	Buffalo	6:31.71	1	
23 Abigail Williamson	10	Sartell	7:03.65	1	

## Girls 3200 Meter Run Class AAA

Name	Year	School	Finals
1 Alexandra Weimer	12	St. Michael-	10:45.79
2 Mya Nelson	8	Elk River	11:19.60
3 Madelyn Miller	9	Brainerd	11:26.68
4 Natalie Cocking	11	St. Michael-	11:30.87
5 Hannah Drietz	11	Brainerd	11:38.54
6 Madalyn Dockendorf	10	Sartell	11:39.11
7 Cara Back	7	Rogers	11:41.78
8 Makaela Malin	10	St. Michael-	12:06.00
9 Selah Binsfeld	8	Elk River	12:06.39
10 Ella Cole	11	Moorhead	12:13.17

11	Brooke Wenz	9	Brainerd	12:18.15
12	Alicia Maddux	12	Moorhead	12:31.77
13	Ashley Nelson	10	Sartell	12:35.15
14	Jacquelyn (Jacki) Johnso	9	Moorhead	13:15.69
15	Mikaela Hetchler	11	Rogers	13:17.11
16	Carissa Edman	11	Elk River	13:19.75
17	Abigail Williamson	10	Sartell	15:22.29

Girls 100 Meter Hurdles Class AAA

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1	Madysen	Schmidt	12	Bemidji	15.81Q NWI 2
2	Emma	Duerr	12	St. Michael-	15.82Q NWI 3
3	Ella	Johnson	11	Elk River	16.47Q NWI 1
4	Violet	Goodwin	11	Brainerd	16.45q NWI 3
5	Emilyynn	Molesky	11	St. Michael-	16.90q NWI 1
6	Faith	Altepeter	11	Moorhead	17.43q NWI 3
7	Rylee	Harrison	11	St. Michael-	17.50q NWI 3
8	Elsa	Peterson	11	Buffalo	17.51q NWI 2
9	Savanna	Johnson	11	Elk River	17.70q NWI 1
10	Madi	Bertram	9	Brainerd	17.88 NWI 1
11	Matia	Bruggeman	10	Brainerd	18.04 NWI 1
12	Haleigh	Cleem	12	Moorhead	18.13 NWI 2
13	Sydney	Aberle	10	Moorhead	18.15 NWI 3
14	Taya	Lewandowski	12	Sartell	18.23 NWI 2
15	Ellen	Miriovsky	9	Buffalo	18.36 NWI 2
16	Laya	Robertson	8	Rogers	18.37 NWI 2
17	Emily	Koch	11	Rogers	18.48 NWI 1
18	Gretta	Johnson	11	Sartell	18.69 NWI 1
19	Addison	Maish	9	Bemidji	18.87 NWI 2
20	Aubrey	DeWitt	9	Bemidji	19.52 NWI 1
21	Natalie	Rahm	10	Sartell	19.68 NWI 2

Girls 100 Meter Hurdles Class AAA

Name	Year	School	Finals	Wind	
Finals					
1	Emma	Duerr	12	St. Michael-	15.37 -2.1
2	Madysen	Schmidt	12	Bemidji	15.38 -2.1
3	Ella	Johnson	11	Elk River	16.44 -2.1
4	Violet	Goodwin	11	Brainerd	16.52 -2.1
5	Emilyynn	Molesky	11	St. Michael-	16.70 -2.1
6	Elsa	Peterson	11	Buffalo	16.86 -2.1
7	Rylee	Harrison	11	St. Michael-	17.37 -2.1
8	Savanna	Johnson	11	Elk River	17.40 -2.1

Girls 300 Meter Hurdles Class AAA

Name	Year	School	Prelims	H#	
Preliminaries					
1	Lauren	Berg	12	Bemidji	46.30Q 3
2	Hannah	Kvant	11	St. Michael-	47.33Q 2
3	Elsa	Peterson	11	Buffalo	48.20Q 1

4	Rylee Harrison	11	St. Michael-	48.48q	2
5	Violet Goodwin	11	Brainerd	48.77q	2
6	Savanna Johnson	11	Elk River	49.32q	1
7	Natalie Flynn	9	Buffalo	49.57q	1
8	Emilyynn Molesky	11	St. Michael-	50.31q	3
9	Matia Bruggeman	10	Brainerd	50.85q	3
10	Jordan Langbehn	11	Elk River	52.69	3
11	Madi Bertram	9	Brainerd	53.00	2
12	Sydney Aberle	10	Moorhead	53.28	2
13	Hailey Paulsen	11	Moorhead	53.48	1
14	Faith Altepeter	11	Moorhead	53.65	3
15	Emily Koch	11	Rogers	53.76	1
16	Aubrey DeWitt	9	Bemidji	53.97	3
17	Sophia Bowers	8	Rogers	54.25	3
18	Taya Lewandowski	12	Sartell	55.48	1
19	Emma Anderson	10	Elk River	56.04	1
20	Danielle Rodenwald	11	Buffalo	56.34	2
21	Harriet Dietz	9	Sartell	56.36	2
22	Sydney Sharp	11	Sartell	57.21	1

Girls 300 Meter Hurdles Class AAA

Name	Year	School	Finals
Finals			
1	Lauren Berg	12 Bemidji	45.60
2	Hannah Kvant	11 St. Michael-	45.83
3	Elsa Peterson	11 Buffalo	46.97
4	Rylee Harrison	11 St. Michael-	47.99
5	Violet Goodwin	11 Brainerd	48.04
6	Savanna Johnson	11 Elk River	48.27
7	Emilyynn Molesky	11 St. Michael-	49.55
8	Natalie Flynn	9 Buffalo	50.87
9	Matia Bruggeman	10 Brainerd	1:00.57

Girls 4x100 Meter Relay Class AAA

School	Finals
1 Moorhead	49.35
1) Audrey Janich 9	2) Summer Lindquist 12
3) Alexis Olderbak 11	4) Halle Gregoire 11
2 Brainerd	49.48
1) Katherine Stadum 11	2) Myah Nelson 12
3) Molly Hagelie 11	4) Brenna Deason 11
3 Buffalo	49.61
1) Lauren Feddema 12	2) Brianna Bluiett 12
3) Elsa Peterson 11	4) Macie Guida 12
4 St. Michael-Albertville	50.04
1) Juslene Chea 9	2) Reese Goede 9
3) Raina Simat 10	4) Claire Kvant 9
5 Rogers	51.16
1) Jennifer Heilman 10	2) Joy Olowo 11
3) Anya Schmidt 9	4) Keaira Walker 9
6 Sartell	51.17
1) McKenna Hauck 11	2) Brenna Virnig 12
3) Lainey Stavish 9	4) Ella Kirchner 9

7 Elk River		51.34
1) Maddie Williams 11	2) Esme Irel 11	
3) Odell Kruah 9	4) Nevaeh Kirk 12	
8 Bemidji		52.54
1) Kylie Donat 10	2) Esinam Lotsu 12	
3) Marima Seely 11	4) Madysen Schmidt 12	

Girls 4x200 Meter Relay Class AAA

School		Finals
1 St. Michael-Albertville		1:44.28
1) Emma Kvant 8	2) Claire Kvant 9	
3) Jacqueline Bergeron 10	4) Hannah Kvant 11	
2 Buffalo		1:44.33
1) Brianna Shroyer 11	2) Lauren Feddema 12	
3) Allee Feldman 10	4) Macie Guida 12	
3 Sartell		1:46.60
1) McKenna Hauck 11	2) Brenna Virnig 12	
3) Chloe Eibensteiner 9	4) Ella Kirchner 9	
4 Moorhead		1:47.57
1) Halle Gregoire 11	2) Kaityn Walthers 8	
3) Cipriana Jones 9	4) Summer Lindquist 12	
5 Elk River		1:49.26
1) Sydney Keckeisen 8	2) Esme Irel 11	
3) Odell Kruah 9	4) Nevaeh Kirk 12	
6 Brainerd		1:49.69
1) Molly Hagelie 11	2) Myah Nelson 12	
3) Katherine Stadum 11	4) Sophia Laube 12	
7 Rogers		1:49.72
1) Aleeyah Graves 8	2) Jennifer Heilman 10	
3) Joy Olowo 11	4) Anya Schmidt 9	
8 Bemidji		1:52.94
1) Josephine Aitken 12	2) Addison Maish 9	
3) Ava Warner 10	4) Kylie Donat 10	

Girls 4x400 Meter Relay Class AAA

School		Finals
1 Buffalo		4:01.21
1) Brianna Shroyer 11	2) Allee Feldman 10	
3) Hannah Braun 9	4) Lauren Feddema 12	
2 Bemidji		4:04.28
1) Josephine Aitken 12	2) Mary Beth Mathews 12	
3) Regan DeWitt 11	4) Lauren Berg 12	
3 St. Michael-Albertville		4:07.95
1) Emma Windingland 11	2) Adelyn Kennedy 10	
3) Hannah Kvant 11	4) Emma Kvant 8	
4 Sartell		4:16.26
1) Madalyn Fimrite 11	2) Ellie Rengel 11	
3) Hannah Spoden 12	4) Genet Nies 10	
5 Brainerd		4:17.12
1) Ava Lust 9	2) Bridget Collins 10	
3) Cally Robertson 11	4) Emily Bastian 11	
6 Moorhead		4:17.81
1) Ara Warren 9	2) Ella Grafstrom 12	

3) Carlie Sheldon 12	4) Cipriana Jones 9	
7 Rogers		4:23.45
1) Brianna Villanti 11	2) Hannah Hartlage 12	
3) Anna Cargill 12	4) Greta Chmura 7	
8 Elk River		4:25.89
1) Sydney Keckeisen 8	2) Savanna Johnson 11	
3) Kailey Ruby 8	4) Ava Nelson 9	

Girls 4x800 Meter Relay Class AAA

School	Finals
1 Bemidji	9:39.00
1) Regan DeWitt 11	2) Mia Hoffman 10
3) Mary Beth Mathews 12	4) Lauren Berg 12
2 Brainerd	9:52.81
1) Emily Bastian 11	2) Bridget Collins 10
3) Annelise Baird 8	4) Brooke Wenz 9
3 Moorhead	9:54.21
1) Ella Grafstrom 12	2) Anna Nelson 11
3) Alicia Maddux 12	4) Carlie Sheldon 12
4 St. Michael-Albertville	10:01.80
1) Courtney Zuidema 7	2) Delaney Barthel 9
3) Keagan Burke 10	4) Avery O'Rourke 11
5 Rogers	10:08.82
1) Greta Chmura 7	2) Emily Hoyt 7
3) Cara Back 7	4) Anna Cargill 12
6 Elk River	10:35.84
1) Ava Nelson 9	2) Lily Hoard 9
3) Averi Schirmers 11	4) Jordan Langbehn 11
7 Sartell	11:23.54
1) Sophia Woehl 10	2) Anna Nordby 10
3) Brooke Legatt 10	4) Sophie Hellerud 9

Girls High Jump Class AAA

Name	Year School	Finals
1 Cail Jahnke	8 St. Michael-	5-02.00
2 Lily Birks	12 Brainerd	5-02.00
3 Ella Johnson	11 Elk River	5-01.00
4 Jadyn Kelly	10 Bemidji	5-00.00
5 Kaia Gack	10 Sartell	5-00.00
6 Sophia Mahnke	10 Rogers	5-00.00
7 Lori Omollo	10 Elk River	4-10.00
8 Haleigh Cleem	12 Moorhead	4-10.00
9 Jessica Roth	10 St. Michael-	4-10.00
10 Chloe Brinker	12 Sartell	4-10.00
11 Danica Felland	9 Moorhead	4-08.00
12 Brooke Engebretson	8 Elk River	4-08.00
13 Taya Lewandowski	12 Sartell	4-08.00
14 Molly Hagelie	11 Brainerd	4-08.00
15 Sydney Reining	10 Rogers	4-08.00
15 Ara Warren	9 Moorhead	4-08.00
17 Lauren Castle	9 Brainerd	4-06.00
18 Morgan McKinley	11 St. Michael-	4-06.00
19 Ella Mauer	10 Rogers	4-06.00



-- Lauren Miriovsky	11	Buffalo	NH
-- Molly Matetich	10	Bemidji	NH
-- Ellen Miriovsky	9	Buffalo	NH
-- Hannah Voге	10	Bemidji	NH

Girls Pole Vault Class AAA

Name	Year	School	Finals
1 Brenna Deason	11	Brainerd	10-04.00
2 Jacqueline Bergeron	10	St. Michael-	10-01.00
3 Hailey Westrup	11	Sartell	10-01.00
4 Kamryn Peterson	12	Brainerd	9-07.00
5 Jada Dahlheimer	10	St. Michael-	9-07.00
6 Megan Hartwig	9	Moorhead	9-07.00
6 Alyssa Nehring	11	St. Michael-	9-07.00
8 Briehyn Lewandowski	11	Sartell	9-07.00
9 Rachel Kalevik	11	Rogers	9-01.00
10 Ryen Ness	9	Moorhead	8-07.00
11 Haleigh Anderson	9	Rogers	8-01.00
11 Ellie Feeney	11	Moorhead	8-01.00
13 Ally Rekstad	9	Elk River	7-07.00
14 Kate Miriovsky	9	Buffalo	7-07.00
14 Gretta Johnson	11	Sartell	7-07.00
-- Alyssa Fleahman	8	Elk River	NH
-- Ella Adler	11	Rogers	NH
-- Breanna Allen	8	Elk River	NH

Girls Long Jump Class AAA

Name	Year	School	Finals	Wind	H#
1 Gabby Keefer	9	St. Michael-	17-09.00	2.2	3
2 Katryna Hansen	11	Moorhead	17-07.00	1.2	3
3 Alexis Olderbak	11	Moorhead	17-05.50	3.1	3
4 Raina Simat	10	St. Michael-	16-09.25	2.5	3
5 Kamryn Peterson	12	Brainerd	16-06.00	1.6	2
6 Brianna Villanti	11	Rogers	16-04.75	1.4	3
7 Madysen Schmidt	12	Bemidji	16-04.25	0.1	3
8 Ellie Rengel	11	Sartell	16-00.25	2.8	3
9 Emma Sheflo	11	Brainerd	15-03.50	2.0	2
10 Elizabeth Ikubese	9	Rogers	15-03.00	1.4	2
11 Myah Nelson	12	Brainerd	15-01.75	1.6	2
12 Madeline Francois	10	Sartell	15-01.50	1.7	1
13 Eden Johnson	9	Buffalo	14-10.75	2.0	1
14 Kennedi Gack	9	Sartell	14-10.00	0.9	1
15 Ashley Ege	11	Elk River	14-09.75	1.4	2
16 Aspen Tobin	11	Bemidji	14-09.25	3.8	2
17 Britta Demar	10	Elk River	14-09.00	2.6	1
18 Alyshia Carlson	12	Moorhead	14-06.50	1.6	1
18 Halle Willman	10	Buffalo	14-06.50	2.7	1
20 Joie Naber	11	Rogers	14-05.00	1.9	2
21 Kylie Donat	10	Bemidji	14-02.50	1.4	2
22 Reese Goede	9	St. Michael-	14-00.00	1.5	3
22 Stephanie Muniz	10	Elk River	14-00.00	1.9	1
24 Sophia Zupan	10	Buffalo	13-08.75	1.8	1

## Girls Triple Jump Class AAA

Name	Year	School	Finals	Wind	H#
1 Gabby Keefer	9	St. Michael-	36-11.00	1.4	3
2 Judsona Chea	10	St. Michael-	35-11.00	1.4	3
3 Juslene Chea	9	St. Michael-	35-10.00	1.4	3
4 Katryna Hansen	11	Moorhead	35-00.00	-0.2	3
5 Alexis Olderbak	11	Moorhead	34-07.00	2.6	3
6 Kamryn Peterson	12	Brainerd	34-06.50	0.9	3
7 Keaira Walker	9	Rogers	34-02.50	2.0	3
8 Shiaflyn Cooper	7	Elk River	33-07.00	1.3	2
9 Lainey Stavish	9	Sartell	32-09.00	0.2	3
10 Claire Steiner	11	Moorhead	32-07.00	1.5	2
11 Taya Lewandowski	12	Sartell	32-05.00	1.4	2
12 Eden Johnson	9	Buffalo	32-02.00	0.7	1
13 Hannah Arika	8	Elk River	31-11.00	0.3	2
14 Molly Hagelie	11	Brainerd	31-07.50	1.2	2
15 Paige Chmura	10	Rogers	31-05.00	0.8	2
16 Britta Demar	10	Elk River	31-02.00	1.1	2
17 Maggie Fandel	12	Sartell	30-11.00	2.2	1
18 Haleigh Anderson	9	Rogers	30-04.00	1.4	1
19 Hannah Voge	10	Bemidji	29-10.00	1.4	1
20 Halle Willman	10	Buffalo	29-08.50	1.6	1
21 Molly Matetich	10	Bemidji	29-05.00	3.2	1
22 Hayley Shult	10	Buffalo	29-05.00	1.2	1
23 Marcella Dircks	11	Brainerd	29-01.00	0.9	2
24 Marima Seely	11	Bemidji	28-08.00	1.5	1

## Girls Shot Put Class AAA

Name	Year	School	Finals	H#
1 Hannah Bruskiwicz	11	Rogers	42-01.00	3
2 Hanna Caughey	12	Brainerd	38-00.00	3
3 Anya Schmidt	9	Rogers	37-08.50	3
4 Andi Mehrer	11	Elk River	35-02.00	3
5 Jamie Kerkvliet	12	Rogers	34-11.00	3
6 Rosie Anderson	12	Moorhead	33-08.00	2
7 Taliah Triggs	10	Moorhead	33-06.50	3
8 Cecilia Sipple	12	St. Michael-	33-03.25	2
9 Kajsa Finnern	10	Sartell	33-02.00	2
10 Mckenzie Kahre	11	Sartell	32-05.00	2
11 Mirabelle Enz	10	Moorhead	31-11.00	2
12 Chloe Peterson	10	St. Michael-	31-06.50	2
13 Talimailelagi Cornillez	12	St. Michael-	31-06.00	2
14 Elianna Riley	11	Brainerd	31-01.50	3
15 Aubrey Flynn	10	Sartell	30-03.00	2
16 Dillon Mehrer	9	Elk River	29-03.00	1
17 Rachel Dorado	12	Buffalo	29-02.00	1
18 Andrea Rodenwald	10	Buffalo	28-08.50	1
19 Victoria Palomares	12	Buffalo	28-05.50	1
20 Anna Tupy	11	Brainerd	28-00.00	1
21 Kennedy Smith	12	Bemidji	27-06.50	3
22 Elizabeth Youso	9	Bemidji	27-01.00	1
23 Rachel Lin	11	Elk River	26-09.00	1
24 Abigail Johnson	10	Bemidji	24-10.50	1

## Girls Discus Throw Class AAA

Name	Year School	Finals	H#
1 Andi Mehrer	11 Elk River	120-00	3
2 Hanna Caughey	12 Brainerd	114-10.50	3
3 Anya Schmidt	9 Rogers	113-08	3
4 Cameron MacFarland	12 Moorhead	109-07	3
5 Rosie Anderson	12 Moorhead	108-00	3
6 Hannah Bruskiwicz	11 Rogers	100-00	2
7 Kajsa Finnern	10 Sartell	98-00	1
8 Kennedy Smith	12 Bemidji	97-06	2
9 Jamie Kerkvliet	12 Rogers	95-05.50	3
10 Chloe Peterson	10 St. Michael-	93-00	3
11 Ellie Feeney	11 Moorhead	90-11	3
12 Kayla Cook	9 Elk River	90-05	1
13 Rachel Dorado	12 Buffalo	89-10	2
14 Cecilia Sipple	12 St. Michael-	89-05	2
15 Cambelle Feldman	9 Buffalo	88-06	2
16 Rachel Lin	11 Elk River	85-11	2
17 Elianna Riley	11 Brainerd	85-04	2
18 Mckenzie Kahre	11 Sartell	84-00	1
19 Ellie Brown	11 Brainerd	82-07	1
19 Brooke Gunderson	12 Buffalo	82-07	2
21 Ella Boelter	12 Sartell	81-00	1
22 Elizabeth Youso	9 Bemidji	74-09	1
23 Chelsea Neba	10 St. Michael-	68-00	1
24 Abigail Johnson	10 Bemidji	67-02	1

## Boys 100 Meter Dash Class AAA

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Alonn Salman	12 Moorhead	10.96Q	NWI	3
2 Dillon MacLaughlin	11 Brainerd	11.08Q	NWI	2
3 Jamal Dixon	12 Moorhead	11.14Q	NWI	1
4 Dylan Jackson	11 Rogers	11.41q	NWI	2
5 Jarrett Bennett	12 St. Michael-	11.42q	NWI	3
6 Ethan McClellan	11 Sartell	11.52q	NWI	1
11.512				
7 Matthew Beaudry	11 Elk River	11.52q	NWI	2
11.515				
8 Darioh Balisidya	11 Elk River	11.57q	NWI	3
9 Jerome Thomas	9 Buffalo	11.65q	NWI	1
10 Anthony Powell	11 Rogers	11.66	NWI	3
11 Jayce Janke	12 Buffalo	11.77	NWI	2
12 Isaiah Karfeer	9 Moorhead	11.83	NWI	1
13 Brenden Studer	10 Sartell	11.85	NWI	1
14 Andrew Reggin	11 Sartell	11.91	NWI	2
15 Sean Baumann	12 Brainerd	12.04	NWI	3
16 Cade Osterman	11 Elk River	12.09	NWI	1
17 Matt Barter	12 Buffalo	12.13	NWI	1
18 Charlie Pikula	10 Brainerd	12.17	NWI	2
19 Wyatt Gilmore	10 Rogers	12.24	NWI	3
20 Trenten Fredriksen-Holm	9 Bemidji	12.36	NWI	2

21 Brandon Puschinsky 11 Bemidji 12.73 NWI 3

Boys 100 Meter Dash Class AAA

Name	Year	School	Finals	Wind
Finals				
1 Alonn Salman	12	Moorhead	11.07	-2.3
2 Jamal Dixon	12	Moorhead	11.20	-2.3
3 Dillon MacLaughlin	11	Brainerd	11.28	-2.3
4 Matthew Beaudry	11	Elk River	11.46	-2.3
5 Dylan Jackson	11	Rogers	11.63	-2.3
6 Jarrett Bennett	12	St. Michael-	11.71	-2.3
7 Ethan McClellan	11	Sartell	11.75	-2.3
8 Jerome Thomas	9	Buffalo	11.82	-2.3
9 Darioh Balisidya	11	Elk River	11.86	-2.3

Boys 200 Meter Dash Class AAA

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Michael Haugo	11	Moorhead	22.48Q	NWI	3
2 Dillon MacLaughlin	11	Brainerd	22.63Q	NWI	2
3 Mason Kline	11	Moorhead	22.98Q	NWI	1
4 Ian Strusz	12	St. Michael-	23.28q	NWI	3
5 Alexander Lester	11	St. Michael-	23.40q	NWI	2
6 Ben Midthun	9	Rogers	23.52q	NWI	1
7 Philip Fleischer-Boerres	12	Buffalo	23.53q	NWI	3
8 Amani Muta	10	Rogers	23.77q	NWI	1
9 Tait Yasseri	10	Rogers	23.78q	NWI	3
10 Jayce Janke	12	Buffalo	23.84	NWI	1
11 Cody Smith	11	Buffalo	23.95	NWI	3
12 Baylor Stebbins	10	Sartell	24.02	NWI	2
13 Ethan McClellan	11	Sartell	24.28	NWI	1
14 Abel Karfear	11	Moorhead	24.31	NWI	2
15 Andrew Reggin	11	Sartell	24.47	NWI	2
16 Bennett Bernander	10	Brainerd	24.51	NWI	2
24.501					
17 Gavin Anderson	8	Elk River	24.51	NWI	1
24.502					
18 Owen Westberg	9	Elk River	24.58	NWI	3
19 Jackson Freeman	8	Elk River	24.95	NWI	2
20 Steven Selisker	11	Brainerd	25.28	NWI	1
21 Brandon Puschinsky	11	Bemidji	25.92	NWI	1
22 Casey Hiller	12	Bemidji	26.22	NWI	3

Boys 200 Meter Dash Class AAA

Name	Year	School	Finals	Wind
Finals				
1 Michael Haugo	11	Moorhead	22.47	-3.0
2 Dillon MacLaughlin	11	Brainerd	22.65	-3.0
3 Alexander Lester	11	St. Michael-	23.28	-3.0
4 Ian Strusz	12	St. Michael-	23.34	-3.0
5 Mason Kline	11	Moorhead	23.42	-3.0

6 Ben Midthun	9 Rogers	23.46	-3.0
7 Amani Muta	10 Rogers	23.71	-3.0
8 Tait Yasseri	10 Rogers	23.88	-3.0
9 Philip Fleischer-Boerres	12 Buffalo	23.89	-3.0

Boys 400 Meter Dash Class AAA

Name	Year School	Prelims	H#
Preliminaries			
1 Brandon Stark	10 Brainerd	50.80Q	3
2 Tate Songstad	10 St. Michael-	51.20Q	1
3 Abraham Carlson	11 Moorhead	51.28Q	2
4 Isaak McDonald	12 Bemidji	51.73q	1
5 Amani Muta	10 Rogers	52.38q	2
6 Baylor Stebbins	10 Sartell	52.60q	3
7 Alexander Artmann	11 Elk River	52.78q	3
8 Mitchell Neumann	12 Brainerd	53.03q	1
9 Hudson Stone	10 St. Michael-	53.81q	1
10 Seth Newby	11 Bemidji	54.10	2
11 Cody Smith	11 Buffalo	54.67	2
12 Collin McNelis	12 Buffalo	54.86	3
13 Matt Toews	10 Brainerd	54.88	3
14 Adam Allery	10 Bemidji	55.30	2
15 Maxwell Stenehjem	11 Moorhead	55.57	1
16 Tyler Dube	10 Rogers	56.04	3
17 Samyan Kasim	10 Moorhead	56.73	1
18 Isreal Olowo	7 Rogers	57.18	2
19 Andrew Braun	12 Buffalo	57.32	3
20 Bode Keller	9 Sartell	58.45	1
21 Tyson Mosher	9 St. Michael-	59.31	1
22 Steven Ryabikov	11 Elk River	59.44	2
23 Aaron Wollak	10 Sartell	1:00.05	2

Boys 400 Meter Dash Class AAA

Name	Year School	Finals
Finals		
1 Abraham Carlson	11 Moorhead	49.67
2 Brandon Stark	10 Brainerd	50.33
3 Tate Songstad	10 St. Michael-	51.28
4 Amani Muta	10 Rogers	52.02
5 Baylor Stebbins	10 Sartell	52.18
6 Isaak McDonald	12 Bemidji	52.19
7 Mitchell Neumann	12 Brainerd	52.59
8 Hudson Stone	10 St. Michael-	53.23
9 Alexander Artmann	11 Elk River	54.08

Boys 800 Meter Run Class AAA

Name	Year School	Prelims	H#
Preliminaries			
1 Jared Gregoire	12 Buffalo	1:54.79Q	3
2 Thomas Ruhl	12 Brainerd	1:58.34Q	2
3 Caden Nordberg	12 St. Michael-	1:58.63Q	1

4	Wesley Wistrom	9	Buffalo	2:01.18Q	3
5	Brooks Matetich	12	Bemidji	2:01.35Q	1
6	Ben Colborn	12	Moorhead	2:02.90Q	2
7	Paul Louvar	12	Bemidji	2:01.95q	3
8	Sawyer Rueckert	10	Elk River	2:03.53q	1
9	Ashton Niemi	11	Bemidji	2:03.69q	2
10	Jacob Macheel	9	Buffalo	2:03.94	1
11	Bobby Cilke	12	St. Michael-	2:05.91	2
12	Maxwell Rogers	12	Moorhead	2:08.85	3
13	Sam Rueckert	10	Elk River	2:09.35	3
14	Aksel Bresin	12	Rogers	2:09.48	3
15	Ethan Copeland	10	Moorhead	2:09.73	1
16	Cameron Lehmann	12	Elk River	2:11.07	1
17	Ashton Kodet	9	Sartell	2:11.14	1
18	Liam Nelson	11	Rogers	2:11.74	2
19	Easton Colby	10	Rogers	2:12.70	2
20	Noah Schaeffer	12	Brainerd	2:13.46	2
21	Owen Negaard	10	St. Michael-	2:15.46	3
22	Brice Kadlec	11	Sartell	2:20.14	3
23	Leif Hoffman	10	Brainerd	2:20.20	1
24	Brady Husemann	11	Sartell	2:22.59	2

Boys 800 Meter Run Class AAA

Name	Year	School	Finals	
Finals				
1	Jared Gregoire	12	Buffalo	1:55.53
2	Caden Nordberg	12	St. Michael-	1:56.39
3	Thomas Ruhl	12	Brainerd	1:57.49
4	Ben Colborn	12	Moorhead	2:02.52
5	Wesley Wistrom	9	Buffalo	2:03.28
6	Ashton Niemi	11	Bemidji	2:03.76
7	Sawyer Rueckert	10	Elk River	2:04.55
8	Paul Louvar	12	Bemidji	2:08.23
9	Brooks Matetich	12	Bemidji	2:21.45

Boys 1600 Meter Run Class AAA

Name	Year	School	Finals	H#	
1	Caden Nordberg	12	St. Michael-	4:27.93	2
2	Jadon Boots	12	Buffalo	4:31.27	2
3	Isaac Martel	12	Moorhead	4:37.78	2
4	Adam Herbst	12	St. Michael-	4:38.35	1
5	Matthew Binsfeld	12	Elk River	4:41.43	2
6	Carson Maish	11	Bemidji	4:42.11	1
7	Will Termont	10	Bemidji	4:44.18	2
8	Mitiku Nies	12	Sartell	4:46.34	2
9	Michael Howe	12	Brainerd	4:47.98	2
10	Braden Capelle	12	Brainerd	4:48.01	2
11	Bryce Kondos	12	Bemidji	4:48.63	2
12	Max Salas	9	St. Michael-	4:48.99	1
13	Austin Liebl	10	Moorhead	4:49.95	2
14	Jonathan Nemeth	11	Sartell	4:50.29	2
15	Dexter Huss	9	Buffalo	4:54.31	1
16	Austin Back	10	Rogers	4:55.84	1

17 Trygve Rux	12 Moorhead	4:56.48	1
18 Adam Cady	12 Brainerd	4:58.32	2
19 Ashton Kodet	9 Sartell	5:02.93	1
20 Levi Putman	12 Rogers	5:03.63	1
21 Reid Binsfeld	10 Elk River	5:07.23	1
22 Luke Strassburg	12 Rogers	5:13.31	1
23 Tanner Martin	11 Elk River	5:16.56	1

Boys 3200 Meter Run Class AAA

Name	Year School	Finals
1 Isaac Martel	12 Moorhead	9:41.14
2 James Dorado	12 Buffalo	9:50.42
3 Adam Herbst	12 St. Michael-	9:53.98
4 Carson Maish	11 Bemidji	9:58.21
5 Matthew Binsfeld	12 Elk River	10:07.27
6 Andrew Macheel	11 Buffalo	10:15.35
7 Max Salas	9 St. Michael-	10:16.81
8 Jack Kupitz	9 Moorhead	10:16.94
9 Austin Liebl	10 Moorhead	10:24.35
10 Nolan Thiesse	11 Brainerd	10:24.65
11 Bennet Capelle	12 Brainerd	10:27.42
12 Adam Cady	12 Brainerd	10:30.08
13 Mitiku Nies	12 Sartell	10:30.54
14 Brett Kurschner	11 Bemidji	10:34.83
15 Will Termont	10 Bemidji	10:34.85
16 Seth Westrup	11 Sartell	10:36.19
17 Austin Back	10 Rogers	10:38.98
18 Jonathan Nemeth	11 Sartell	10:45.43
19 William Negaard	10 St. Michael-	10:59.40
20 Levi Putman	12 Rogers	11:12.37
21 Luke Strassburg	12 Rogers	11:25.66
22 Ryder Zvorak	11 Buffalo	11:28.45
23 Reid Binsfeld	10 Elk River	11:44.44
24 Bjorn Pederson	7 Elk River	11:48.15

Boys 110 Meter Hurdles Class AAA

Name	Year School	Prelims	Wind	H#
Preliminaries				
1 Sam Monseth	12 St. Michael-	15.16Q	NWI	3
2 John Jenkins	12 Moorhead	15.28Q	NWI	1
3 Andrew Albright	12 Brainerd	15.44Q	NWI	2
4 Logan Clark	12 Sartell	15.31q	NWI	1
5 Morris Suah	11 St. Michael-	15.76q	NWI	2
6 Cameron Evans	12 Moorhead	16.27q	NWI	2
7 Rayden Broyld	12 Buffalo	16.31q	NWI	3
8 Dan Powell	11 St. Michael-	16.50q	NWI	1
9 Darioh Balisidya	11 Elk River	16.55q	NWI	3
10 Dawson Gerads	11 Moorhead	16.60	NWI	2
11 Michael Olson	12 Brainerd	17.20	NWI	3
12 Logan Nelson	10 Buffalo	17.41	NWI	3
13 Gauge Alsen	10 Buffalo	18.05	NWI	1
14 Nicholas Schliepsiek	11 Sartell	18.35	NWI	2
15 Luke Bowe	10 Rogers	18.53	NWI	1

16 Nathan Schliepsiek	11 Sartell	20.18	NWI	3
17 Kyle Peterson	9 Brainerd	20.52	NWI	3
18 Rick Flaws	9 Elk River	21.37	NWI	2

Boys 110 Meter Hurdles Class AAA

Name	Year School	Finals	Wind
Finals			
1 Logan Clark	12 Sartell	15.21	-2.3
2 Andrew Albright	12 Brainerd	15.31	-2.3
3 John Jenkins	12 Moorhead	15.33	-2.3
4 Sam Monseth	12 St. Michael-	15.35	-2.3
5 Rayden Broyld	12 Buffalo	15.46	-2.3
6 Morris Suah	11 St. Michael-	15.65	-2.3
7 Cameron Evans	12 Moorhead	15.89	-2.3
8 Darioh Balisidya	11 Elk River	16.54	-2.3
9 Dan Powell	11 St. Michael-	16.66	-2.3

Boys 300 Meter Hurdles Class AAA

Name	Year School	Prelims	H#
Preliminaries			
1 Sam Monseth	12 St. Michael-	42.06Q	3
2 Logan Clark	12 Sartell	42.09Q	1
3 John Jenkins	12 Moorhead	42.34Q	2
4 Gavin Hoelzel	11 Brainerd	43.44q	2
5 Rayden Broyld	12 Buffalo	43.65q	1
6 Dawson Gerads	11 Moorhead	43.79q	1
7 Morris Suah	11 St. Michael-	44.12q	3
8 Logan Nelson	10 Buffalo	44.59q	2
9 Dan Powell	11 St. Michael-	45.85q	1
10 Cameron Evans	12 Moorhead	45.93	2
11 Gauge Alsen	10 Buffalo	46.29	3
12 Alex Nelson	10 Bemidji	46.71	1
13 Charlie Hanson	9 Rogers	47.17	3
14 Nicholas Schliepsiek	11 Sartell	47.26	2
15 Zane Hiller	12 Bemidji	48.52	2
16 Sidney Kingbird-Haugen	10 Bemidji	48.60	3
17 David Herath	9 Brainerd	48.63	3
18 Nathan Schliepsiek	11 Sartell	49.50	1
19 Rick Flaws	9 Elk River	51.86	1

Boys 300 Meter Hurdles Class AAA

Name	Year School	Finals
Finals		
1 Logan Clark	12 Sartell	41.14
2 Sam Monseth	12 St. Michael-	41.20
3 John Jenkins	12 Moorhead	41.24
4 Morris Suah	11 St. Michael-	42.35
5 Gavin Hoelzel	11 Brainerd	42.78
6 Dawson Gerads	11 Moorhead	43.39
7 Dan Powell	11 St. Michael-	44.26
8 Rayden Broyld	12 Buffalo	44.45



9 Logan Nelson 10 Buffalo 47.61

Boys 4x100 Meter Relay Class AAA

School	Finals
1 Moorhead	42.35
1) Michael Haugo 11	2) Alonn Salman 12
3) Karson Wendt 11	4) Jamal Dixon 12
2 St. Michael-Albertville	43.54
1) Richard Kaydea 10	2) Alexander Lester 11
3) Jarrett Bennett 12	4) Max Keefer 12
3 Rogers	43.67
1) Anthony Powell 11	2) Tait Yasserri 10
3) Dylan Jackson 11	4) Ben Midthun 9
4 Brainerd	44.25
1) Gavin Hoelzel 11	2) Dillon MacLaughlin 11
3) Charlie Pikula 10	4) Sean Baumann 12
5 Elk River	44.75
1) Darloh Balisidya 11	2) Matthew Beaudry 11
3) Cade Osterman 11	4) Yube Badio 11
6 Buffalo	45.70
1) Alex Reese 10	2) Jerome Thomas 9
3) Matt Barter 12	4) Kefeyen Tita 10
7 Bemidji	47.52
1) Reece Mostad 10	2) Sam Gifford 11
3) Trenten Fredriksen-Holm 9	4) Ontario Tate-Beaulieu 10

Boys 4x200 Meter Relay Class AAA

School	Finals
1 Moorhead	1:28.69
1) Karson Wendt 11	2) Abraham Carlson 11
3) Jamal Dixon 12	4) Michael Haugo 11
2 St. Michael-Albertville	1:31.70
1) Alexander Lester 11	2) Ian Strusz 12
3) Tate Songstad 10	4) Jarrett Bennett 12
3 Buffalo	1:32.21
1) Owen Herbst 12	2) Carson Giddings 12
3) Jayce Janke 12	4) Philip Fleischer-Boerresen 12
4 Rogers	1:32.94
1) Amani Muta 10	2) Tait Yasserri 10
3) Dylan Jackson 11	4) Ben Midthun 9
5 Brainerd	1:35.60
1) Gavin Hoelzel 11	2) Bennett Bernander 10
3) Charlie Pikula 10	4) Sean Baumann 12
6 Bemidji	1:37.23
1) Sam Gifford 11	2) Casey Hiller 12
3) Zane Hiller 12	4) Seth Newby 11
7 Elk River	1:37.50
1) Ayo Adekunle 8	2) Gavin Anderson 8
3) Jackson Freeman 8	4) Owen Westberg 9

Boys 4x400 Meter Relay Class AAA

School	Finals
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1	Buffalo	3:26.94
	1) Owen Herbst 12	2) Carson Giddings 12
	3) Jared Gregoire 12	4) Jadon Boots 12
2	Moorhead	3:27.87
	1) Abraham Carlson 11	2) Karson Wendt 11
	3) Ben Colborn 12	4) John Jenkins 12
3	Bemidji	3:28.05
	1) Isaak McDonald 12	2) Seth Newby 11
	3) Paul Louvar 12	4) Brooks Matetich 12
4	Brainerd	3:31.69
	1) Thomas Ruhl 12	2) Baden Bastian 12
	3) Mitchell Neumann 12	4) Brandon Stark 10
5	St. Michael-Albertville	3:32.47
	1) Ian Strusz 12	2) Hudson Stone 10
	3) Caden Nordberg 12	4) Tate Songstad 10
6	Elk River	3:40.70
	1) Owen Westberg 9	2) Matthew Beaudry 11
	3) Alexander Artmann 11	4) Sawyer Rueckert 10
7	Sartell	3:43.75
	1) Baylor Stebbins 10	2) George Larson 10
	3) Anthony Mahowald 11	4) Logan Clark 12
8	Rogers	3:58.46
	1) Isreal Olowo 7	2) Tyler Dube 10
	3) Charlie Hanson 9	4) Jared Bunch 10

Boys 4x800 Meter Relay Class AAA

School	Finals
1 Buffalo	8:00.84
1) Jadon Boots 12	2) Owen Herbst 12
3) James Dorado 12	4) Jared Gregoire 12
2 Brainerd	8:06.92
1) Baden Bastian 12	2) Michael Howe 12
3) Brandon Stark 10	4) Thomas Ruhl 12
3 Bemidji	8:07.01
1) Bryce Kondos 12	2) Isaak McDonald 12
3) Brooks Matetich 12	4) Paul Louvar 12
4 Elk River	8:46.12
1) Sawyer Rueckert 10	2) Sam Rueckert 10
3) Cameron Lehmann 12	4) Alexander Artmann 11
5 Moorhead	8:48.52
1) Ben Colborn 12	2) Ethan Copeland 10
3) Andy Koffa 9	4) Maxwell Rogers 12
6 Rogers	9:08.19
1) Liam Nelson 11	2) Easton Colby 10
3) Jared Bunch 10	4) Aksel Bresin 12
7 Sartell	9:27.91
1) Hayden Lenarz 8	2) Seth Johnson 8
3) Thomas Runkle 8	4) Andrew Berndt 8
-- St. Michael-Albertville exchange	DQ 1st
1) Owen Negaard 10	2) Jacob Sterk 10
3) Connor Smith 10	4) Bobby Cilke 12

Boys High Jump Class AAA

Name	Year	School	Finals
1 Jamal Dixon	12	Moorhead	6-02.00
2 Yube Badio	11	Elk River	6-02.00
3 Josh Orjansen	9	Sartell	5-10.00
4 Morris Suah	11	St. Michael-	5-08.00
5 Caden Johnson	10	St. Michael-	5-06.00
6 Ethan Ricks-Wesseh	11	St. Michael-	5-06.00
-- Sidney Kingbird-Haugen	10	Bemidji	NH
-- Ayden Wheeler-Carranza	9	Brainerd	NH
-- Tyler Dube	10	Rogers	NH
-- Reign Battle	9	Moorhead	NH
-- Kellen Granroth	9	Sartell	NH
-- Parker Klein	8	Elk River	NH
-- Wyatt Gilmore	10	Rogers	NH
-- Jaden Griffin	11	Moorhead	NH
-- Charlie Hanson	9	Rogers	NH
-- Cole Fjeld	11	Brainerd	NH
-- Gage Borders	12	Brainerd	NH

Boys Pole Vault Class AAA

Name	Year	School	Finals
1 Sam Eicher	12	St. Michael-	13-04.00
2 Gavin Hoelzel	11	Brainerd	12-07.00
3 Carter Kostohryz	12	Moorhead	12-04.00
4 George Larson	10	Sartell	11-10.00
5 Baden Bastian	12	Brainerd	11-10.00
6 Jonah Anderson	11	Buffalo	11-04.00
7 Matthew Katkov	10	Elk River	10-10.00
8 Devin Helling	11	Rogers	10-04.00
8 Reid Barbeln	12	St. Michael-	10-04.00
10 Trevor Juenke	9	Buffalo	9-10.00
11 Samuel Studnicka	10	Buffalo	9-10.00
12 Cole Darling	11	Moorhead	9-04.00
13 Luke Bowe	10	Rogers	9-04.00
-- Maxwell Stenehjem	11	Moorhead	NH
-- Carter Bloom	10	Elk River	NH
-- Seth Kanter	11	Rogers	NH
-- Gabe Wagner	12	Brainerd	NH
-- Harrison Brandt	10	Elk River	NH
-- Tyson Mosher	9	St. Michael-	NH

Boys Long Jump Class AAA

Name	Year	School	Finals	Wind	H#
1 Michael Haugo	11	Moorhead	22-04.00	3.6	3
2 Jarod Timlin	10	St. Michael-	21-00.50	+0.0	3
3 Ben Midthun	9	Rogers	20-09.25	2.2	2
4 Anthony Mahowald	11	Sartell	20-00.75	1.8	3
5 Cade Osterman	11	Elk River	19-11.00	0.7	3
6 Maverick Kneefe	10	St. Michael-	19-07.25	0.6	3
7 Karson Wendt	11	Moorhead	19-07.00	-0.3	3
8 Yube Badio	11	Elk River	18-05.25	2.1	2

9	Caden Johnson	10	St. Michael-	18-04.00	1.9	3
10	Will Glaesman	10	Buffalo	18-01.75	0.8	1
11	Blake Juntunen	10	Rogers	18-00.50	2.6	2
12	Samyan Kasim	10	Moorhead	18-00.50	2.9	1
13	Anthony Powell	11	Rogers	17-10.75	+0.0	2
14	Cole Fjeld	11	Brainerd	17-10.00	2.1	1
15	Darioh Balisidya	11	Elk River	17-07.00	-1.4	2
16	Jake Merseth	10	Brainerd	17-06.25	1.3	2
17	Jacobee Scherber	10	Buffalo	17-02.75	0.9	1
18	Kefeyen Tita	10	Buffalo	16-11.50	+0.0	1
19	Garrett Frazer	11	Bemidji	16-08.75	-0.1	1
20	Elias Hill	11	Sartell	16-07.75	0.4	2
21	Josh Orjansen	9	Sartell	16-06.75	-0.4	2
--	Coleman Young	11	Bemidji	FOUL		1
--	Andrew Albright	12	Brainerd	FOUL		3

Boys Triple Jump Class AAA

Name	Year	School	Finals	Wind	H#	
1	Andrew Albright	12	Brainerd	44-06.00	2.7	3
2	Max Keefer	12	St. Michael-	44-02.00	2.9	3
3	Jarod Timlin	10	St. Michael-	42-03.50	2.1	3
4	Anthony Mahowald	11	Sartell	41-11.25	2.2	3
5	Matthew Beaudry	11	Elk River	41-09.50	2.4	3
6	Allan Orina	12	Rogers	41-02.00	1.5	3
7	Yube Badio	11	Elk River	41-00.75	1.0	3
8	Cade Osterman	11	Elk River	40-07.00	1.9	3
9	Amani Muta	10	Rogers	40-05.75	0.6	2
10	Bennett Bernander	10	Brainerd	39-06.25	0.9	2
11	Caden Villarreal	11	Sartell	38-11.50	0.8	2
12	Caden Johnson	10	St. Michael-	38-05.75	1.9	2
13	Reign Battle	9	Moorhead	38-04.00	2.5	2
14	Ethan Orina	7	Rogers	38-00.00	0.2	2
15	Ty Nelson	9	Brainerd	36-09.00	2.0	2
16	Samyan Kasim	10	Moorhead	36-02.00	2.6	1
17	Assani Deogratias	12	Moorhead	35-01.00	0.3	1
18	Thomas Chiavetta	11	Buffalo	34-11.75	2.3	1
19	Alex Nelson	10	Bemidji	34-05.50	+0.0	1
20	Sidney Kingbird-Haugen	10	Bemidji	33-11.00	1.5	1
21	Wyatt Buselmeier	9	Buffalo	33-07.50	1.2	1
22	Gabriel Dorado	9	Buffalo	33-02.00	2.0	1

Boys Shot Put Class AAA

Name	Year	School	Finals	H#	
1	Elinneus Davis	11	Moorhead	58-10.00	3
2	Andrew Albright	12	Brainerd	56-08.00	3
3	Xavier Peltoma	12	St. Michael-	48-07.00	3
4	Carter Walker	11	Buffalo	47-08.00	3
5	Max Keefer	12	St. Michael-	46-03.00	3
6	Ethan Hogan	11	Elk River	46-01.00	3
7	Owen Barthel	12	St. Michael-	44-11.00	3
8	Austin Schultz	11	Moorhead	44-03.00	2
9	Christopher Andrade	11	Moorhead	43-00.00	2
10	Noah Karels	12	Buffalo	42-07.00	2

11	Tristan Hill	11	Elk River	41-08.00	2
12	Kody Curtis	11	Buffalo	41-06.00	3
13	Wyatt Gilmore	10	Rogers	41-02.00	2
14	Mitch Wind	10	Brainerd	41-01.00	2
15	Caden Jager	12	Brainerd	40-10.00	1
16	Anthony Powell	11	Rogers	38-10.00	2
17	Will Mahowald	11	Sartell	36-03.00	2
18	Charlie Sundell	9	Sartell	36-02.00	1
19	Garrett Frazer	11	Bemidji	35-02.00	1
20	Riley Branson	10	Bemidji	34-10.00	1
21	Nathan Vosberg	11	Sartell	34-09.50	1
22	Tyler Quam	11	Rogers	34-03.00	1
23	Cody Lyle	12	Bemidji	33-04.00	1

Boys Discus Throw Class AAA

Name	Year	School	Finals	H#
1	Elinneus Davis	11 Moorhead	163-10	3
2	Carter Walker	11 Buffalo	152-08	3
3	Max Keefer	12 St. Michael-	145-01	3
4	Javid Carlson	10 Moorhead	129-05	3
5	Caden Jager	12 Brainerd	128-07	3
6	Ethan Hogan	11 Elk River	123-06	3
7	Noah Karels	12 Buffalo	123-02	2
8	Titus Johnson	12 St. Michael-	116-03	2
9	Alex Markgraf	12 St. Michael-	115-04	3
10	Tristan Hill	11 Elk River	114-00	3
11	Cameron Evans	12 Moorhead	111-03	2
12	Brandon Janu	12 Sartell	107-01	2
13	Tyler Quam	11 Rogers	104-04	1
14	Charlie Sundell	9 Sartell	103-10	2
15	Kallen Prell	9 Buffalo	102-06	2
15	Will Mahowald	11 Sartell	102-06	2
17	Garrett Frazer	11 Bemidji	102-01	1
18	Ian Colby	12 Rogers	97-04	1
19	Riley Branson	10 Bemidji	95-02	1
20	Simon Bicek	8 Elk River	91-02	2
21	Connor VanderHeyden	9 Rogers	86-07	1
22	Cody Lyle	12 Bemidji	86-05	1
23	Gus Wagner	11 Brainerd	78-06	1

Women - Class AAA - Team Rankings - 18 Events Scored

1) St. Michael-Albertville	202.50	2) Brainerd	112
3) Moorhead	88.50	4) Buffalo	63
5) Rogers	60	5) Bemidji	60
5) Sartell	60	8) Elk River	55

Men - Class AAA - Team Rankings - 18 Events Scored

1) Moorhead	167	2) St. Michael-Albertville	
161.50			
3) Brainerd	98	4) Buffalo	86
5) Elk River	58	6) Sartell	52

7) Rogers

39.50

8) Bemidji

34